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zentrum für physio-therapie duisburg GmbH

Important Patient Information & Informed Consent to Treatment

(Posted at the reception desk and provided online for your review)

Dear Patients,

In order to make the processes in our practice transparent and smooth for both sides, we would like to inform you below about the legal, organizational, and therapeutic framework of your treatment.

1. Treatment Contract & Implied Consent

By registering for a physiotherapeutic treatment, scheduling appointments, or handing over a medical prescription (Rezept) to our team, a treatment contract is established. We thereby assume your consent to the performance of the necessary physiotherapeutic measures (so-called implied or non-verbal consent). Of course, all measures will be discussed with you in advance.

2. Therapeutic Information & Possible Treatment Reactions

Physiotherapeutic treatments intervene deeply into the musculoskeletal system, tissue, and nervous system. Even when applied professionally, properly, and without any technical error, therapeutically intended or unavoidable reactions can occur. These particularly include:

- Temporary initial worsening of symptoms or muscle soreness
- Local pain during or after therapy (e.g., in trigger point or myofascial therapy)
- Tissue swelling, redness, or bruising (hematomas)
- Occasional vegetative reactions such as brief dizziness, circulatory reactions, or fatigue.

3. Notes on Treatments with Increased Thermal or Physical Risks

With certain forms of therapy, there are procedure-related, specific risks about which we hereby inform you:

- Thermal applications (hot air, fango mud, hot roll): Despite careful temperature control, redness, feelings of heat, or, in individual cases, minor burns/blistering cannot be completely ruled out for sensitive skin or sensory disturbances.
- Electrotherapy & Ultrasound: The use of current impulses or sound waves can cause local skin irritation, redness, or, in rare cases, superficial burns.
- Shockwave Therapy: The intensive mechanical energy can cause local pain, more severe bruising, swelling, or temporary numbness in the treatment area.

4. Important Duty of Cooperation of the Patient

Please strictly inform your therapist before each treatment about:

- Existing pregnancies, pacemakers, implants, or metal parts in the body
- Acute inflammation, fever, infections, or existing tumor diseases
- Intake of anticoagulant medication (blood thinners) or an increased tendency to bleed
- Acute worsening or pain peaks during the execution of a treatment.

Only through your honest information can we minimize risks and make the therapy safe.

5. Appointment Cancellations & Cancellation Fee (§ 615 BGB)

Our practice operates strictly on an appointment-only system. The agreed treatment time is reserved exclusively for you. If you cannot attend an appointment, it must be canceled at least 24 hours in advance. For appointments that are not canceled in time or missed without excuse, we will invoice you a cancellation fee in the amount of the respective statutory health insurance rate or private fee rate. Health insurance funds do not reimburse missed appointments.

6. Statutory Co-payment Obligation (Zuzahlung)

Patients with statutory health insurance are required by law (§ 32 SGB V) to make a co-payment (€10.00 per prescription plus 10% of the total value of the remedy). We collect this fee on behalf of the health insurance company. It is independent of the success of the treatment and must be paid at our reception desk at the beginning of the treatment series.

7. Data Protection & Medical Report

We process your personal and medical data strictly in accordance with the provisions of the GDPR (DSGVO). For the purpose of quality assurance and the fulfillment of our contractual obligations, we exchange information among staff, physical therapists, with your treating physician, the health insurance, or official authorities within the scope of therapy-relevant matters if required.

Note: This information is permanently posted at our reception desk and can be viewed on our website. By attending your appointments, you confirm that you have taken note of these terms and conditions.